

## **1 Samuel 22:1-5; 24:1-22; Psalms 57 and 142**

### **1 Samuel 22:1- 5**

1 – A cave near Adullam in the western foothills of Judah, about ten miles southeast of Gath.

The danger of David's situation impacted his entire family. After Saul killed the high priest, the 85 men, and wiped out Nob, David knew Saul's evil had no limits.

2 – "Discontented" means literally "bitter of soul." The 400 men would swell into six hundred (23:13; 27:2; 30:9). They became an exceptional fighting force.

5 – As the Prophet Samuel had helped Saul, Gad would assist David. In 2 Samuel 24:11, Gad is called David's seer.

### **1 Samuel 24:1-22**

4 – If they are quoting God, it is not written in the Scriptures.

6 – The purity of David's heart compared to the evil in Saul's heart is striking.

8 – Saul made David his enemy, but David did not make Saul his enemy. David provides a classic example of resist not evil – one that surely encouraged Jesus.

11 – David gave Saul undeniable proof of his honorable intentions.

12 – No matter what you do to me, I am not going to act out on you.

"The LORD judges the peoples; vindicate me, O LORD, according to my righteousness and my integrity that is in me." - Psalm 7:8

13 – Jesus said the same thing using different words in Matthew 7:16 and 12:33.

17 – Saul had a sober moment without the influence of the evil spirit.

22 – Years later, David would honor this request.

### **Psalm 142**

1 – "Supplication" is to pray earnestly and humbly. The illusion of self-help or manageability of self must be eradicated as we approach God in prayer. Confidence and trust that God is able and willing to help encourages persistence.

Psalms 6:6-10; 28:6-9; 30:7-12 – One great way to build faith is to pray.

Philippians 4:4-9; Matthew 7:7-11; Luke 11:1-13; 18:1-17

Psalm 142:2 – At times, we feel trapped with no way out. Especially during these times, we need to pour our hearts out to Yahweh and ask His help.

Psalm 77:1-ff – Like Job, relief was found with focus on the almightiness of God and not on the problem.

Hebrews 5:7 – Jesus was heard because of his piety or reverence toward God. The adversity was not removed, but he was given great help to endure through the adversity in that God sent an angel to minister to him. At times, it is impossible for God to change the circumstances, but He can help you to endure and maintain peace and joy (Hebrew 12:1-3).

Psalm 50:14 and 15

Psalm 142:5 – Yahweh is my portion. “This is eternal [*aionios*] life [*zoe*], that they may know You [Yahweh], the only true God, and Jesus Christ whom You have sent.” John 17:3. Life provides many blessings, but the greatest of all is found in your relationship with Yahweh and Jesus. No one or nothing can steal this blessing from you. Friendships, relationships, belongings, accomplishment, and so on may provide temporal blessings, but the greatest and most untouchable blessings are in the spiritual realm. The thief may steal, kill, or destroy the rest, but he can never touch your relationship with God.

Psalms 27:13 and 14; 16:1-11; 73:25-28; and Lamentations 3:21-26

“You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.” Psalm 16:11

### **Psalm 57**

7 – Psalms 108:1-6; 112:7-10

“The steadfast of mind You will keep in perfect peace, Because he trusts in You. Trust in the LORD forever, For in GOD the LORD, *we have* an everlasting Rock.”  
Isaiah 26:3-4